

Growing People Transforming Organizations

TRAINING DIRECTORY







4 Managers 4 Years or More



6 Core Positions C-Suites

LEADERSHIP

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PROGRAM TITLE	RECOMMENDED LEVEL	DURATION	DETAILS
Executive Coaching	3 4 5 6	Min. 10 Sessions	Individual Coaching
Inclusive Leadership	3 4 5 6	2 Days (6 hours/day)	Min. 10 / Max. 20 people
The 4 Essential Roles of Leadership	3 4 5 6	3 Days (6 hours/day)	Min. 10 / Max. 20 people
The 6 Critical Practices for Leading a Team	2 3	2 Days (6 hours/day)	Min. 10 / Max. 20 people
Leading with Trust	3 4 5	4 Days (5 hours/day)	Min. 10 / Max. 20 people
The Multiplier Leader	3 4 5	2 Days (5 hours/day)	Min. 10 / Max. 20 people
Leading Customer Loyalty	1 2 3	2 Days (5 hours/day)	Min. 10 / Max. 20 people
The 7 Habits of Highly Effective People	2 3 4 5 6	3 Days (6 hours/day)	Min. 10 / Max. 20 people
The Strategic Leader	4 5 6	6 Months	Min. 10 / Max. 20 people
Leadership 4 Results	3 4 5	TBD (Customized)	TBD
Communicating as a Leader	3 4 5 6	2 Days (5 hours/day)	Min. 10 / Max. 20 people

MANAGEMENT

PROGRAM TITLE		DURATION	DETAILS
The New Manager	3	7 Days (6 hours/day)	Min. 10 / Max. 20 people
The Mid-Level Manager	4	7 Days (6 hours/day)	Min. 10 / Max. 20 people
The Senior Manager	5	7 Days (6 hours/day)	Min. 10 / Max. 20 people
Communicating with Impact	3 4 5	6 Hours	Min. 10 / Max. 20 people
Dealing with Heated Customers	3 4 5	8 Hours	Min. 10 / Max. 20 people
Frontline Strategy Execution	3 4 5	8 Hours	Min. 10 / Max. 20 people
Purposeful Delegation	3 4 5	8 Hours	Min. 10 / Max. 20 people
Making High Quality Decisions	3 4 5	8 Hours	Min. 10 / Max. 20 people

Problem Solving Skills	4 5 5	8 Hours	Min. 10 / Max. 20 people
Fostering Innovation	3 4 5	8 Hours	Min. 10 / Max. 20 people
Strategies for Influencing Others	3 4 5	8 Hours	Min. 10 / Max. 20 people
Interviewing Skills	3 4 5	8 Hours	Min. 10 / Max. 20 people
Driving Change	3 4 5	8 Hours	Min. 10 / Max. 20 people
Conflict Management	3 4 5	8 Hours	Min. 10 / Max. 20 people
Cultivating Networks and Partnerships	4 5	5 Hours	Min. 10 / Max. 20 people
Developing Talents	4 5	5 Hours	Min. 10 / Max. 20 people
Influencing	4 5	5 Hours	Min. 10 / Max. 20 people
Culture of Innovation	4 5	5 Hours	Min. 10 / Max. 20 people
Leading Globally	4 5	5 Hours	Min. 10 / Max. 20 people
Emotional Intelligence	4 5	5 Hours	Min. 10 / Max. 20 people
From Strategy to Results	4 5	5 Hours	Min. 10 / Max. 20 people
Delegation & Empowerment	4 5	5 Hours	Min. 10 / Max. 20 people
Quality Decision Making	3 4 5	5 Hours	Min. 10 / Max. 20 people
Team Performance	3 4 5	5 Hours	Min. 10 / Max. 20 people
Time Management	3 4 5	8 Hours	Min. 10 / Max. 20 people
Active Listening Skills	3 4 5	8 Hours	Min. 10 / Max. 20 people
Valuing Workplace Diversity	3 4 5	8 Hours	Min. 10 / Max. 20 people
Building & Sustaining Trust	3 4 5	8 Hours	Min. 10 / Max. 20 people
Valuing Diversity at Work	3 4 5	8 Hours	Min. 10 / Max. 20 people
Giving Constructive Feedback	3 4 5	8 Hours	Min. 10 / Max. 20 people
Setting Performance Goals	3 4 5	8 Hours	Min. 10 / Max. 20 people
Addressing Poor Performance	3 4 5	8 Hours	Min. 10 / Max. 20 people
Coaching for Peak Performance	3 4 5	8 Hours	Min. 10 / Max. 20 people
Coaching – Move People Forward	4 5	5 Hours	Min. 10 / Max. 20 people
Taking Disciplinary Action	3 4 5	8 Hours	Min. 10 / Max. 20 people

PROGRAM TITLE	RECOMMENDED LEVEL	DURATION	DETAILS
Cross-Cultural Skills Competence	4 5 6	1 Day (7 hours)	Individual / Group
Presentation Skills Competence	4 5 6	2 Days (6 hours/day)	Min. 10 / Max. 15 people
Meeting Facilitation Skills Competence	4 5 6	2 Days (6 hours/day)	Min. 10 / Max. 20 people
Negotiation Skills Competence	4 5 6	2 Days (6 hours/day)	Min. 10 / Max. 20 people
Business English Skills Competence	4 5 6	TBD	Individual / Group
Customized for Individuals or Groups Including All Above Programs	4 5 6	TBD	TBD

Q SPECIALIZED AREAS

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PROGRAM TITLE	RECOMMENDED LEVEL	DURATION	DETAILS
Organization Systems Integration	4 5 6	1 Day (7 hours)	Individual / Group
Future Proof the Organization	4 5 6	2 Days (6 hours/day)	Individual / Group
Agile 101	4 5 6	2 Days (6 hours/day)	Group 20 Max
Basics of Design Thinking	4 5 6	2 Days (6 hours/day)	Group 20 Max
Design Thinking Project	4 5 6	12 Months	Group 30 Max
Agile Team Building	4 5 6	TBD	Group 20 Max
Agile Coaching	4 5 6	TBD	日本語 (Group 20 Max)
Diversity, Equity & Inclusion	4 5 6	4 Hours	Min. 10 / Max. 20 people
Key Account Planning	4 5 6	2 Days (6 hours/day)	Min. 10 / Max. 20 people
Negotiation Skills for Sales	4 5 6	2 Days (6 hours/day)	Min. 10 / Max. 20 people
Presenting your Business Proposal (Sales)	4 5 6	2 Days (6 hours/day)	Min. 10 / Max. 20 people
Solution Focused Sales	4 5 6	2 Days (6 hours/day)	Min. 10 / Max. 20 people
Psychological Safety	4 5 6	3 Hours	Min. 10 / Max. 20 people
Building your Company Culture	4 5 6	TBD	TBD
Train-the-Trainer	2 3 4 5	20 Hours	Min. 10 / Max. 12 people